

SUNDAY

- 9:30AM **The Ultimate Weapon**, Freedom Clubhouse, Suite 140, 6313 Corporate Ct, Fort Myers, FL, 33919 **(WC)**
- NOON **Sick As Our Secrets**, Salus Care, 1105 Cultural Park Blvd., Cape Coral, FL, 33990 **(O, D, LIT)**
- 4:00PM **End of the Road**, Grace Church, 2415 Grand Ave, Fort Myers, FL, 33901 **(BEG, D, WC)**
- 6:00PM **Not Quite There Yet**, St Hilary's Episcopal Church, 5011 McGregor Blvd, Fort Myers, FL, 33901 **(D, WC, LIT, LC)**
- 6:00PM **Step Study Working Guide Group**, Grace Church, 14036 Mantanzas Drive, Fort Myers, FL, 33905 **(O, BEG, D, WC, NS)**
- 7:00PM **Lost Dreams Awakened**, Cape Connections Church, 814 SW Pine Island Rd #401, Cape Coral, FL, 33991 **(O, STP, TRD, WC, SD)**
- 7:00PM **Together We Can**, Salus Care, 3763 Evans Ave, Fort Myers, FL, 33901 **(O, D, STP, TRD)**
- 7:30PM **Never Give Up**, Freedom Clubhouse, 6313 Corporate Ct. (Suite 140), Fort Myers, FL, 33919 **(O, BT, WC, LIT, HP)**

MONDAY

- 10:30AM **Down & Dirty**, Freedom Clubhouse, 6313 Corporate Ct. Suite 140, Fort Myers, FL, 33919 **(O, WC, LIT)**
- NOON **Sick As Our Secrets**, Salus Care, 1105 Cultural Park Blvd., Cape Coral, FL, 33990 **(O, D, STP, WC, NS)**
- 6:00PM **After The Rush**, Salus Care, 1105 Cultural Park Blvd., Cape Coral, FL, 33990 **(O, D, WC, LIT)**
- 7:00PM **Clean & Serene**, Cape Connection, 814 SW Pine Island Rd #401, Cape Coral, FL, 33991 **(O, WC, JT)**
- 7:00PM **Filling the Void**, Freedom Clubhouse, 6313 Corporate Ct. (Suite 140), Fort Myers, FL, 33919 **(BT, STP, TRD, WC, LIT, HP)**
- 7:00PM **New Beginnings**, Grace Church, 13 SE 21st Place, Cape Coral, FL, 33990 **(O, BEG, D, WC)**
- 8:00PM **Lehigh On Recovery**, Faith Lutheran Church, 705 Leeland Heights Blvd. E., Lehigh Acres, FL, 33936 **(O, CAN, D)**
- 8:00PM **Shot of Hope**, First Baptist Church, 1735 Jackson St., Fort Myers, FL, 33901 **(O, D, WC, NS, SD)**

TUESDAY

- 10:30AM **Down & Dirty**, Freedom Clubhouse, 6313 Corporate Ct. Suite 140, Fort Myers, FL, 33919 **(O, WC, LIT)**
- NOON **Sick As Our Secrets**, Salus Care, 1105 Cultural Park Blvd., Cape Coral, FL, 33990 **(O, D, WC, NS, LC)**
- 5:30PM **It Works**, Unitarian Universalist Church, Room 7, 13411 Shire Ln, Ft Myers, FL, 33912 **(O, STP, WC)**
- 6:30PM **Coming Home**, Lee Health Building - 2nd Floor, 12550 New Brittany Blvd #201, Ft Myers, FL, 33907 **(BEG, SD)**

TUESDAY (CONT)

- 7:00PM **The Last Stop**, Union Hall, 1216 SW 4th St. Unit #6, Cape Coral, FL, 33991 **(O, D, WC, LIT)**
- 7:00PM **Together We Can**, Salus Care, 3763 Evans, Ft Myers, FL, 33901 **(O, BT, WC)**
- 7:00PM **Women Do Recover**, Freedom Clubhouse, 6313 Corporate Ct. (Suite 140), Fort Myers, FL, 33919 **(O, D, W, WC)**
- 8:00PM **Under Construction**, United Methodist Church, 5701 Pine Island Rd, Bokeelia, FL, 33922 **(O, WC, MED)**

WEDNESDAY

- 10:30AM **Down & Dirty**, Freedom Clubhouse, 6313 Corporate Ct. Suite 140, Fort Myers, FL, 33919 **(O, WC, LIT)**
- NOON **Sick As Our Secrets**, Salus Care, 1105 Cultural Park Blvd., Cape Coral, FL, 33990 **(O, D, IP, WC, NS)**
- 5:30PM **Willingness On Wednesdays (WOW Group)**, Refuge Church, 1901 Brantley Rd #6, Fort Myers, FL, 33907 **(O, MED, JT)**
- 6:30PM **Lehigh On Recovery**, Faith Lutheran Church, 705 Leeland Heights Blvd E, Lehigh Acres, FL, 33936 **(O, D, JT)**
- 7:00PM **Back To Life**, Wesley Memorial Church, 4141 DeLeon St, Ft Myers, FL, 33901 **(O, BEG, WC, NS)**
- 7:00PM **Just For Today**, Freedom Clubhouse, 6313 Corporate Ct, Fort Myers, FL, 33919 **(O, D, WC)**
- 7:00PM **Keeping It Clean**, Community of Christ Church, 368 Herron Road, N. Fort Myers, FL, 33903 **(O, D, WC, LIT, NS)**

THURSDAY

- 10:30AM **Down & Dirty**, Freedom Clubhouse, 6313 Corporate Ct. Suite 140, Fort Myers, FL, 33919 **(O, WC, LIT)**
- NOON **Sick As Our Secrets**, Salus Care, 1105 Cultural Park Blvd., Cape Coral, FL, 33990 **(O, D, WC, LIT, NS)**
- 6:30PM **Against All Odds**, Grace Church, 2415 Grand Ave, Fort Myers, FL, 33901 **(O, BT, WC, SD)**
- 7:00PM **Keeping It Clean**, Community of Christ Church, 368 Herron Road, N. Fort Myers, FL, 33903 **(O, BEG, BT, D, WC)**
- 7:00PM **New Hope**, Freedom Clubhouse, 6313 Corporate Ct. Suite 140, Fort Myers, FL, 33919 **(O, BEG, MED, SD, HP)**
- 7:00PM **The Truth Will Set You Free**, Salus Care, 1105 Cultural Park Blvd., Cape Coral, FL, 33990 **(O, D, STP, TRD, WC)**

FRIDAY

- 10:30AM **Down & Dirty**, Freedom Clubhouse, 6313 Corporate Ct. Suite 140, Fort Myers, FL, 33919 **(O, WC, LIT)**
- NOON **Sick As Our Secrets**, Salus Care, 1105 Cultural Park Blvd., Cape Coral, FL, 33990 **(O, D, WC, NS, CPC)**

FRIDAY (CONT)

- 5:30PM **Fellowship Friday**, St. Hilary's Episcopal Church, 5011 McGregor Blvd., Ft Myers, FL, 33901 **(O, JT, SD)**
- 6:30PM **Lehigh On Recovery**, Faith Lutheran Church, 705 Leeland Heights Blvd. E., Lehigh Acres, FL, 33936 **(O, D, LC)**
- 7:00PM **Dare To Win Group**, Freedom Clubhouse, 6313 Corporate Ct. Suite 140, Fort Myers, FL, 33919 **(O, BEG, D, WC, NS, SD, HP)**
- 8:00PM **Bridge to Recovery**, Beach Baptist Church, 130 Connecticut ave., Fort Myers Beach, FL, 33931 **(O, WC, LIT)**
- 9:00PM **Late Night Recovery**, Salus Care, 1105 Cultural Park Blvd, Cape Coral, FL, 33990 **(O, BEG, CAN, D, NS)**

SATURDAY

- 10:00AM **Goodfellas in Recovery**, Salus Care, 1105 Cultural Park Blvd., Cape Coral, FL, 33990 **(O, M, STP, WC, LIT, SD)**
- 10:00AM **Sisters Journey**, Freedom Clubhouse, 6313 Corporate Ct #140, Cape Coral, FL, 33919 **(O, D, STP, W)**
- 10:30AM **Stepping It Up**, 28420 Bonita Crossings Blvd., Suite #2, Bonita Springs, FL, 34135 **(BT, STP, WC, SD, LIT)**
- 6:00PM **Discovery in Recovery**, St John's Apostle Church, 3049 McGregor Blvd, Fort Myers, FL, 33901 **(O, WC, LIT)**
- 6:30PM **Do Or Die**, Grace Church, 14036 Mantanzas Drive, Fort Myers, FL, 33905 **(O, BEG, D, WC, NS)**
- 7:00PM **Hot Topic Group**, Freedom Clubhouse, 6313 Corporate Ct. Suite 140, Fort Myers, FL, 33919 **(O, BEG, MED, SD, HP)**
- 7:00PM **Saturday Night Live**, Cape Coral Hospital, 636 Del Prado Blvd. S., Cape Coral, FL, 33990 **(O, D, WC, LIT)**
- 9:00PM **Late Night Recovery**, Salus Care, 1105 Cultural Park Blvd, Cape Coral, FL, 33990 **(O, BEG, WC, NS, LC)**

MEETING FORMAT LEGEND

BEG	Beginners	BT	Basic Text
CAN	Candlelight	CPC	Chairperson Choice
D	Discussion	HP	Handicap Parking
IP	Informational Pamphlet	JT	Just for Today
LC	Living Clean	LIT	Literature Study
LIT	Literature Study	M	Men
MED	Just for Today Study	NS	No Smoking
NS	No Smoking	O	Open to Everyone
SD	Speaker & Discussion	SD	Speaker/Discussion
STP	Step	TRD	Tradition
W	Women	WC	Wheelchair

HELPLINES

Keys	866-584-2411
South Dade	305-265-9555
North Dade	866-935-8811
Hollywood	866-243-2148
Ft. Lauderdale	888-524-1777
Boca-Delray	561-393-0303
Venice	941-493-5747
Sarasota	941-257-5055
Charlotte	800-381-7371
South Beach	800-918-2330

SERVICE MEETINGS

Gulf Coast Area Service Committee

2nd Sunday of every Month 11:00 AM
Salus Care,
3763 Evans Avenue 1st Floor
Ft. Myers, FL
9:30 AM PR subcommittee
9:30 AM Activities & H&I

What is our message?

The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.

Our message is hope
and the promise of freedom.

Basic Text, page 65

PHONE NUMBERS



GULF COAST AREA

MEETING LIST

OCTOBER 2019

24 HOUR HELPLINE
866-389-1344

Gulf Coast Area Service Committee
PO Box 50375
Fort Myers, FL 33994

<http://iwonky.com>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 52